RTO 91159

Course Outline

BSB50420 DIPLOMA OF LEADERSHIP AND MANAGEMENT Release 3
&
SIS50321 DIPLOMA OF SPORT Release 2

NSW College of Sport Management

UOW College Australia

Make Sport Your Career

Delivery and class attendance

Delivery Mode: Face to Face
Location: NSW College of Sport @ Cricket Central, 161 Silverwater Road, Sydney Olympic Park NSW
Days: Monday, Tuesday and Thursday
Time: 9:00am – 4:00pm
Duration: 11 months

Session	Session Starts	Census Date	Session Finish	Breaks
Session 1	01 Feb 2027	22 Feb 2027	21 May 2027	12 – 23 Apr 2027
Session 2	24 May 2027	14 Jun 2027	03 Sep 2027	05 –16 Jul 2027
Session 3	06 Sep 2027	27 Sep 2027	17 Dec 2027	27 Sep – 08 Oct 2027

In addition to scheduled classes, you'll need to dedicate up to 12 hours of additional study per week. This includes time for reading, completing assessment tasks, and viewing online content. Be sure to plan out your weekly schedule.

Entry requirements

- Senior Secondary Certificate of Education (year 12 certificate), or International Baccalaureate Diploma Programme (IB) diploma
  OR
- Completed a Certificate IV level qualification or international equivalent
  OR
- Minimum result of Exit Level 3 in online tests administered by UOW College in both numeracy and reading.
  AND
- Minimum age 16 years at course commencement
  AND
- Successfully demonstrate course suitability at an interview.

Course Fees

The total cost for the dual qualifications is **$23,500.80**
The total fees are indicative and will be updated prior to course commencement. The fees

you pay upfront or by instalment will depend on your student type, the availability of government subsidies or the availability of student loans in the commencement year.

Updated November 2026

Course description

This qualification reflects the role of individuals who apply knowledge, practical skills and experience in leadership and management across a range of enterprise and industry contexts. Individuals at this level display initiative and judgement in planning, organising, implementing and monitoring their own workload and the workload of others. They use communication skills to support individuals and teams to meet organisational or enterprise requirements.

They may plan, design, apply and evaluate solutions to unpredictable problems, and identify, analyse and synthesise information from a variety of sources.

Packaging Rules

12 units of Competency = 6 Core Units and 6 Elective Units

Units of Competency

Unit Code	Unit Name	Core / Elective
BSBCMM511	Communicate with influence	Core
BSBCRT511	Develop critical thinking in others	Core
BSBLDR523	Lead and manage effective workplace relationships	Core
BSBOPS502*	Manage business operational plans	Core
BSBPEF502*	Develop and use emotional intelligence	Core
BSBTWK502	Manage team effectiveness	Core
BSBOPS504*	Manage business risk	Elective
BSBPEF501	Manage personal and professional development	Elective
BSBTWK501*	Lead diversity and inclusion	Elective
BSBTWK503*	Manage meetings	Elective
CHCPRP003	Reflect on and improve own professional practice	Elective
SITXMGT006*	Manage projects	Elective

***Unit is in common in both qualifications.**

Electives subject to change at UOW College discretion in accordance with training package rules and industry requirements.

Course description

This qualification reflects the role of individuals who apply the skills and knowledge to pursue a range of roles within the Australian sport industry.

They work or volunteer at community-based sport clubs and organisations in the Australian sport industry.

Individuals with this qualification are involved in the self-directed application of knowledge and skills, and the provision of leadership and support to colleagues. They work autonomously and coordinate and supervise others.

- Possible job titles include:
- High performance coach
- Sport development manager
- Talent manager.

The skills in this qualification must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

Specific industry accreditation requirements may apply to sport-specific coaching accreditation and information should be obtained from the relevant National Sporting Organisation (NSO).

Packaging Rules

14 units of Competency = 3 Core Units and 11 Elective Units



Units of Competency

Unit Code	Unit Name	Core / Elective
BSBOPS504*	Manage business risk	Core
HLTWHS003	Maintain work health and safety	Core
SITXHRM003	Lead and manage people	Core
BSBOPS502*	Manage business operational plans	Elective
BSBPEF502 *	Develop and use emotional intelligence	Elective
BSBTWK501*	Lead diversity and inclusion	Elective
BSBTWK503*	Manage meetings	Elective
SITXMGT006*	Manage projects	Elective
HLTAID011	Provide first aid	Elective
SISSSCO004	Plan, conduct and review coaching programs	Elective
SISSSCO003	Meet participant coaching needs	Elective
SISXCAI009	Instruct strength and conditioning techniques	Elective
SISSSCO011	Manage integrity in sport	Elective
SISXIND012	Select and use technology for sport, fitness and recreation work	Elective

*Unit is in common in both qualifications.

Electives subject to change at UOW College discretion in accordance with training package rules and industry requirements.

Modules /

Units of Competency are clustered in to 4 Modules



Career Opportunities /

PROFESSIONAL SPORT

- Official Athlete Sports Agent
- Sports Psychologist

EXERCISE SCIENCE

- Sport Performance Analyst Biomechanist
- Physiologist
- Strength & Conditioning

MEDIA & MARKETING

- Journalism Photographer Fan Engagement
- Marketing Specialist

HEALTH & FITNESS

- Sports Medic Therapist/Rehabilitation Nutritionist
- Exercise Consultant

COACHING & GAME DEVELOPMENT

- Game Development Officer In schools
- Local sporting clubs In elite sports
- In Gyms & Fitness Centres

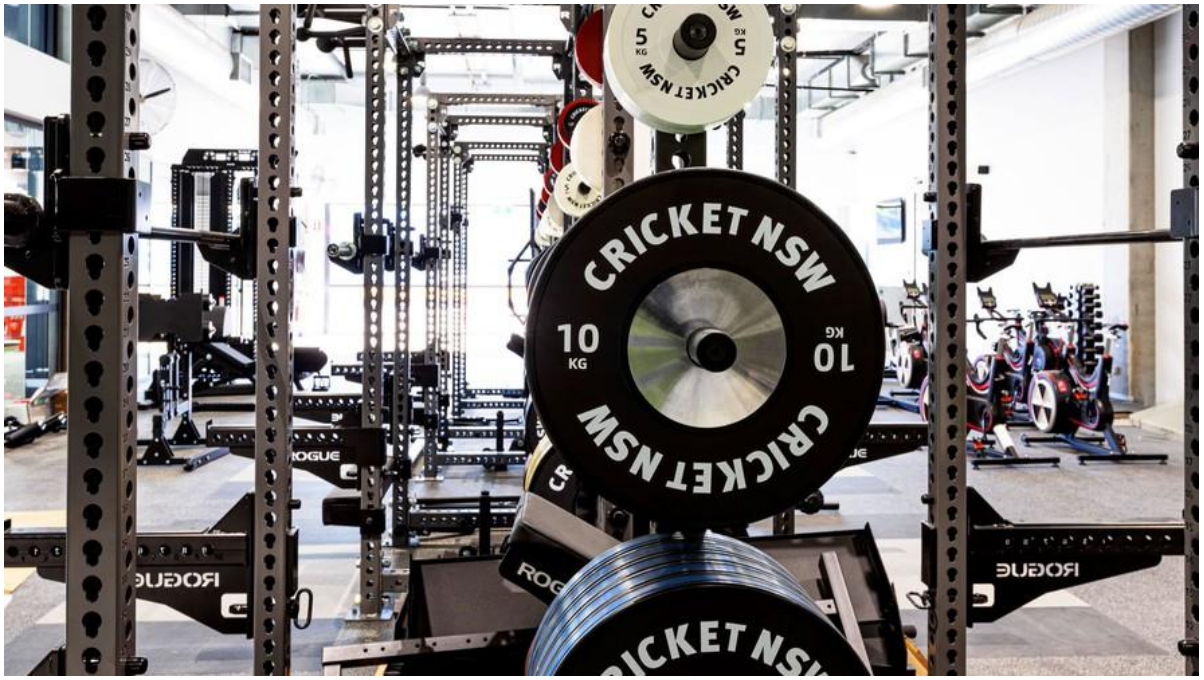
MANAGEMENT & ADMINISTRATION

- Sales Sponsorship
- Business Development Participation Officer Venue Management

Strength and Conditioning /

Students will participate in 60 minutes of strength & conditioning, coaching and other physical and practical activities each day that apply their learning to the real-world setting. They will work closely with highly experienced Strength & Conditioning and sports coaches to build confidence training in the gym and deliver instructions to groups of athletes on the field.

Designed to help students improve their abilities to coach, demonstrate and design strength and conditioning programs and other sports programs for the needs of individual athletes and/or teams while utilising the latest sport and fitness technology to enhance and manage sport performance.



Work Placement /

Work placement allows you to practice and develop your skills with our industry partners. This dual qualification program recommends 80 hours of work placement organised by NSW College of Sport.

What you will need /

- Laptop (and charger) with Microsoft Office installed – you can download MS Office at no charge once you are enrolled.
- To be prepared for strength and conditioning session each day (uniform, enclosed shoes, water bottle and towel),

Student expectations, conduct and academic integrity /

- NSW College of Sport has standards, codes, policies, guidelines, procedures and other requirements which specify acceptable and unacceptable student conduct, to provide a safe learning environment for all.
- Academic integrity is a core value at UOW College (RTO 91159). It involves acting with honesty, fairness, trust and responsibility and requires respect for knowledge and its development. All work submitted for this course must be your own.
- You will need to notify the Trainer if you are running late or not attending via email or Webex platforms.
- Missed practical assessments must have a medical certificate or statutory declaration.
- It is a mandatory requirement of this course that students participate in all practical learning experiences to develop required industry knowledge and skills.
- Demonstrate professionalism; punctuality, effective communication skills, active listening, role modelling, leadership and respect for all staff and peers.

