UOW COLLEGE AUSTRALIA

CHC33021 Certificate III in Individual Support

(Release 1)

Course Outline

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UOW College is a registered business name of UOWC Ltd. **ABN:** 14 105 312 329 **RTO:** 91159 **CRICOS:** 02723D

CHC33021 Certificate III in Individual Support

1. Course description

The CHC33021 Certificate III in Individual Support is your entry point into a rewarding career supporting people in aged care, disability, and community services. This nationally recognised qualification equips you with the practical skills and knowledge to provide person-centred support in community, home, and residential care settings, working under supervision as part of a multidisciplinary team.

At UOW College Australia (UOWCA), you can tailor your studies through three specialisations:

- Ageing
- Disability
- Ageing and Disability

You will learn to support individuals with daily living activities, promote independence and wellbeing, and work safely and effectively in accordance with care plans, organisational policies, and industry standards. The course includes mandatory work placement, enabling you to apply your skills in real-world care environments.

Graduates may find employment as disability support workers, care assistants, residential care workers, or community care workers across a range of care settings.

This qualification also provides a pathway into further study, including the HLT45121 Diploma of Nursing. This course is designed for domestic students studying in Australia.

2. How you'll learn

We offer flexible study options to suit your needs:

- **Face-to-face/ Mixed Mode** – on campus (Wollongong & Liverpool)
- **Traineeships** – earn and learn in the workplace (available across NSW)
- **School-Based Traineeships (SBAT)** – earn and learn in the workplace while undertaking the HSC in Years 11 and 12 (available across NSW)
- **Recognition of Prior Learning (RPL)** – experienced care support workers may have their skills and knowledge recognised through a process of RPL.

In addition to scheduled classes, you'll need to dedicate up to 12 hours of additional study per week. This includes time for reading, completing assessment tasks, and viewing online content. Be sure to plan out your weekly schedule.

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3. Course and Units of Competency

Students are required to study 15 Units of Competency, 9 Core and 6 Elective, throughout the duration of this course and complete 120 hours of work placement.

Code	Subject Name
Core	
CHCCCS031	Provide individualised support
CHCCCS038	Facilitate the empowerment of people receiving support
CHCCCS040	Support independence and wellbeing
CHCCCS041	Recognise healthy body systems
CHCCOM005	Communicate and work in health or community services
CHCDIV001	Work with diverse people
CHCLEG001	Work legally and ethically
HLTINF006	Apply basic principles and practices of infection prevention and control
HLTWHS002	Follow safe work practices for direct client care
Specialisation: Ageing and Disability Electives	
CHCAGE011	Provide support to people living with dementia
CHCAGE013	Work effectively in aged care
CHCPAL003	Deliver care services using a palliative approach
CHCDIS011	Contribute to ongoing skills development using a strengths-based approach
CHCDIS012	Support community participation and social inclusion
CHCDIS020	Work effectively in disability support
Specialisation: Ageing Electives	

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HLTAID011	Provide First Aid

Specialisation: Disability **Electives**	
CHCAGE011	Provide support to people living with dementia
CHCDIS011	Contribute to ongoing skills development using a strengths-based approach
CHCDIS012	Support community participation and social inclusion
CHCDIS020	Work effectively in disability support
CHCPAL003	Deliver care services using a palliative approach
HLTAID011	Provide First Aid

* Electives subject to change at UOW College discretion in accordance with training package rules and industry requirements.

4. Delivery and class attendance

UOW College offers a number of flexible options for students to access this qualification.

Face to Face

- UOW College Australia @ UOW Wollongong Campus, Northfields Ave, Wollongong
- Tuesday – Thursday 9.00am-3.00pm
- Duration 5 months

Mixed Mode

- UOW College Australia @ UOW Liverpool Campus, Scott Street, Liverpool
- Monday and Tuesday (On Campus) Wednesday (Online) 08.30am- 11.30am and 12.30pm-3.30pm
- Duration 5 months

Traineeship

- Delivery to be advised at enrolment.
- Typically online classes and workplace for practical assessments
- Duration 12 – 18 months

School Based Apprenticeship / Traineeship (SBAT)

- Delivery to be advised at enrolment.
- Students can commence from Term 4 in Year 10
- Typically, 2 hour per fortnight online classes and workplace for practical assessments
- Duration 2 years

RPL

- Delivery will be advised prior to enrolment.

To ensure students have sufficient class time to learn and understand course requirements, UOW College requires a minimum of 80% class attendance. Students who do not meet this minimum will be identified as 'at risk' and measures put in place to assist course progression.

5. Work Placement

Work placement allows you to practice and develop your skills. This qualification requires 120 hours of work placement which is undertaken during the course. UOW College will organise your work placement.

Prior to going on work placement you will be required to provide the following mandatory checks & clearances

- National Police Check
  – Must be current and meet host employer requirements
- NDIS Worker Screening Check
  – Required for disability-focused placements
- Working With Children Check (WWCC)
  – Required where placement involves interaction with minors

6. What you will need

- Laptop (and charger) with Microsoft Office installed
- Suitable shoes for practical Simulation Labs and Work Placement
- UOW College will provide a polo shirt for you to wear throughout your work placement.

7. Assessment

- Each assessment task will be marked as either Satisfactory OR Unsatisfactory.
- You are required to get each question correct or perform each task correctly to be Satisfactory in an assessment task – the is NO grading. You have 2 attempts at each assessment task.
- It is important to get all assessments by the due date. Talk to your trainer as soon as you are aware of a genuine situation where you may require an extension – note extensions will not be granted within three days of the due date.
- You need to be awarded Satisfactory (S) in all assessment tasks to be deemed Competent (C) in a Unit of Competency

8. Student expectations, conduct and academic integrity

- UOWC has standards, codes, policies, guidelines, procedures and other requirements which specify acceptable and unacceptable student conduct, to provide a safe learning environment for all.
- Academic integrity is a core value at UOW. It involves acting with honesty, fairness, trust and responsibility and requires respect for knowledge and its development. All work submitted for this course must be your own.
- You will need to notify the Trainer if you are running late or not attending via email or Webex platforms.
- Missed practical assessments must have a medical certificate or statutory declaration.
- It is a mandatory requirement of this course that students participate in all practical learning experiences to develop required industry knowledge and skills.
- Demonstrate professionalism; punctuality, effective communication skills, active listening, role modelling, leadership and respect for all staff and peers.