



UOW  
COLLEGE  
AUSTRALIA



# HLT54121 Diploma of Nursing

(Release 5)



Course Outline

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# Course Outline

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## 1. Course Description

The HLT54121 Diploma of Nursing will provide you with the knowledge, skills and attributes to become an Enrolled Nurse (EN).

You'll learn how to communicate effectively with patients and other staff, administer and monitor medications, manage the care of wounds and prepare health assessments and care plans. You will also benefit from on-the-job clinical placements in which you will work as part of a team and under the supervision of Registered Nurses.

You will graduate with a nationally recognised qualification in Nursing in just 18 months. Enrolled nurses can work in general or specialised health care facilities including acute (hospital), care, medical centres, community, mental health, rural and remote, aged care and palliative care.

The course is designed for domestic and international students, studying in Australia.

## 2. Graduate Qualities

The Diploma of Nursing is designed to assist students in developing the UOW College Australia Graduate Qualities. It helps students become:

1. **Informed:** Have a basic knowledge of an area of study and understand its issues. Know how to apply this knowledge.
2. **Independent Learners:** Begin to engage with new ideas and ways of thinking and critically analyse issues. Seek to extend knowledge through ongoing enquiry and active learning. Find and evaluate information, using a variety of sources and technologies. Acknowledge the work and ideas of others.
3. **Problem Solvers:** Demonstrate introductory levels of creative, logical and critical thinking skills to respond effectively to problems. Be flexible and thorough.
4. **Effective Communicators:** Articulate and convey ideas effectively using a range of media. Work collaboratively and engage with people in different settings.
5. **Responsible:** Understand how decisions can affect others and make ethically informed choices. Appreciate and respect diversity and act with integrity. Take responsibility for one's own learning and completion of assessment tasks.

### 3. Conceptual Framework

The program is grounded in the nursing theories of Sister Callista Roy and Patricia Benner. Roy's Adaptation Model provides the foundation for understanding individuals as adaptive systems, emphasizing holistic care and adaptation to health challenges. The Roy model develops the student's capacity to use continuous assessment and review, interventions, and evaluation throughout a person's healthcare journey. According to Roy's model, a person is a bio-psycho-social being in constant interaction with a changing environment. People use innate and acquired mechanisms to adapt. The role of the nurse in Roy's model is to facilitate adaptation (Roy, 1984).

Benner's Novice to Expert theory informs our approach to skill acquisition and clinical competence, recognising the continuum of learning and development in nursing practice (Benner, 1984).

Vygotsky's 1978 theory of cognitive development offers a valuable perspective on the education of aspiring nurses. He emphasized the role of social interaction and cultural tools in shaping learning. In the context of nursing, this suggests that aspiring nurses benefit greatly from collaborative learning experiences, mentorship, and exposure to real-world clinical settings. By working alongside experienced nurses and engaging in guided practice, students can develop their skills and knowledge within their "zone of proximal development," the gap between what they can do independently and what they can achieve with support.

The scaffolded program of study develops theoretical knowledge and clinical skills in an interactive, supportive environment with learning reinforced throughout by workplace experiences (Vygotsky 1978). Classroom activities involve critical thinking and clinical reasoning; the development of nursing care plans; role-play scenarios; and case studies.

The course is designed to equip a graduate for practice at a beginner level as an Enrolled Nurse (EN) after registration with the Nursing and Midwifery Board of Australia (NMBA). That is, to work under the supervision of the Registered Nurse (RN) as part of the healthcare team but to be responsible for their actions and accountable for providing delegated nursing care.

### 4. Course Learning Outcomes

The Diploma of Nursing is designed to assist students in developing the [Enrolled nurse standards for practice](#). The standards, implemented by the Nursing and Midwifery Board of Australia, inform the design of the Diploma of Nursing and provide the framework for assessing enrolled nurse (EN) practice.

## Enrolled nurse standards for practice

- Standard 1:** Functions in accordance with the law, policies and procedures affecting EN practice
- Standard 2:** Practises nursing in a way that ensures the rights, confidentiality, dignity and respect of people are upheld
- Standard 3:** Accepts accountability and responsibility for own actions
- Standard 4:** Interprets information from a range of sources in order to contribute to planning appropriate care
- Standard 5:** Collaborates with the RN, the person receiving care and the healthcare team when developing plans of care
- Standard 6:** Provides skilled and timely care to people whilst promoting their independence and involvement in care decision-making
- Standard 7:** Communicates and uses documentation to inform and report care
- Standard 8:** Provides nursing care that is informed by research evidence
- Standard 9:** Practises within safety and quality improvement guidelines and standards
- Standard 10:** Engages in ongoing development of self as a professional

## Inherent requirements

Inherent requirements are the essential components of a course or unit that demonstrate the abilities, knowledge, and skills to achieve the core learning outcomes of the course or unit while preserving the academic integrity of the UOW College learning, assessment, and accreditation processes. The inherent requirements are the abilities, knowledge and skills needed to complete the course that must be met by all students.

Students with a disability or chronic health condition may be able to have reasonable adjustments made to enable them to meet these requirements.

UOW College Australia is committed to making reasonable adjustments to teaching and learning, assessment, clinical practice, and other activities to enable students to participate in their course. Reasonable adjustments must not fundamentally change the nature of the inherent requirement. Students are required to undertake activities which reflect the Australian health care context which may include mixed gender, religious and culturally diverse environments. For further information contact your Program Manager.

Successfully completing the course enables you to apply for registration as an Enrolled Nurse with the Nursing and Midwifery Board of Australia (NMBA), which is a partner board of the Australian Health Practitioner Regulation Authority (AHPRA).

There are eight domains of Inherent Requirements in the Diploma of Nursing course, including;

1. Ethical Behaviour
2. Behavioural Stability
3. Legal
4. Communication



5. Cognition
6. Sensory ability
7. Strength and mobility
8. Sustainable performance

For further information refer to [Nursing Inherent Requirements - UOW College Australia](#).

## 5. Course Structure and Subjects

HLT54121 Diploma of Nursing students are required to successfully complete 25 units of competency and a minimum 400 hours clinical placement to complete this qualification.

Refer to [www.training.gov.au](http://www.training.gov.au) for qualification details and Unit of Competency - Elements and Performance Criteria.

### Core Units

CODE	UNIT
<b>CORE</b>	
CHCDIV001	Work with diverse people
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
CHCPRP003	Reflect on and improve own professional practice
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
HLTENN035	Practise nursing within the Australian health care system
HLTENN036	Apply communication skills in nursing practice
HLTENN037	Perform clinical assessment and contribute to planning in nursing care
HLTENN038	Implement, monitor and evaluate nursing care
HLTENN039	Apply principles of wound management
HLTENN040	Administer and monitor medicines and intravenous therapy
HLTENN041	Apply legal and ethical parameters to nursing practice
HLTENN042	Implement and monitor care for a person with mental health conditions
HLTENN043	Implement and monitor care for a person with acute health conditions
HLTENN044	Implement and monitor care for a person with chronic health conditions
HLTENN045	Implement and monitor care of the older person
HLTENN047	Apply nursing practice in the primary health care system
HLTENN068	Provide end of life care and a palliative approach in nursing practice
HLTINF006	Apply basic principles and practices of infection prevention and control
<b>CORE</b>	
CHCLLN001	Respond to client language, literacy and numeracy needs

CHCPOL003 ,	Research and apply evidence to practice
HLTAID011	Provide first aid
HLTENN057	Contribute to the nursing care of a person with diabetes

\*Electives are subject to change at UOW College discretion in accordance with training package rules and industry requirements.

## 6. Course Delivery

The course comprises of academic content, clinical and laboratory simulations, and participation in clinical placement.

Throughout the course, you will attend a minimum of 21 hours of face-to-face study per week (3 days) at the University of Wollongong (UOW) campus in Wollongong or Liverpool. This course is only offered face-to-face at the UOW Wollongong and Liverpool campus locations.

The theory components and practical simulations of this course will be delivered at the UOW campuses. Clinical placements will be scheduled at facilities in the Illawarra and Southern Sydney regions for Wollongong students and the South West Sydney region for Liverpool students.

All Sessions in this course are delivered on [UOW College session dates](#).

## 7. Clinical Work Placement

The Diploma of Nursing includes a minimum mandatory 400 hours of clinical work placement throughout the duration of the course, across four to five placement experiences. UOW College is responsible for organising student placement. Students will be offered additional hours if they have not met the minimum assessment requirements.

### Placement locations

UOW College will arrange all clinical work placement experiences with healthcare facilities located in the Illawarra, Southern Sydney and South West Sydney regions. Where possible, a student's residential address will be taken into consideration when allocating students to placement experiences, subject to each student satisfying the full range of ward allocations in rehabilitation, sub-acute and acute areas. Clinical work placements are predominantly within NSW Health facilities but also occur in Residential Aged Care and other private health facilities.

### Attendance at Placements

Students are required to attend a combination of morning and afternoon shifts during weekdays in accordance with the schedule and shift times set by the healthcare facility. Students are supported during clinical work placements by a UOW

College Clinical Placement Facilitator, under the direct supervision of Registered Nurses.

## **Equipment**

UOW College will provide students with two polo shirts for clinical placement. Students will need to purchase their own black pants or blue scrub pants and enclosed black leather shoes. Course fees do not include any additional uniform requirements for clinical work placement (e.g., shoes) and any other associated costs (e.g., travel or parking costs).

## **Mandatory Documentation**

The healthcare industry in Australia requires that all students engaging in clinical work placement experiences in health care facilities hold the following documentation:

- **National Police Check**

Please refer to the [NSW Police Force Criminal History webpage](#) for more information. International applicants will require further supporting documentation from their home country.

- **Immunisation Documentation**

All students must present evidence of full immunisation or have commenced the vaccination regime at time of enrolment. Please refer to the [NSW Health Policy directive](#) for further information about immunisation requirements.

Students will not be permitted to attend mandatory clinical work placement without current police check and immunisation documents. Students will also undergo NSW Health verification for clearance to be eligible to attend clinical work placement in a NSW Health facility. This will be arranged by UOW College soon after enrolment.

Please be aware that NSW Health policy may change from the time of enrolment to clinical placement. Students will be advised about any additional documentation required.

Any costs associated in acquiring the above documents are in addition to course costs and are at the students' own expense.

UOW College strongly recommends that students enrolling in this course consider their eligibility to obtain the above documentation prior to enrolment.

## **8. Assessment and Required Hours of Study**

Students are required to complete a number and variety of assessment tasks related to the units of study in this course.

Each unit has a Learner Guide that is issued to students. Learner Guides contain an overview of the unit objectives, Within the student's learning plan in aXcelerate, the



students have access to a class activity book, a self-study guide and, access to all assessment tasks and their class schedule that has assessment due dates, room and staff allocations. All aspects of assessment are governed by the Vocational Assessment Guidelines, which can be viewed at: [Vocational Assessment Guidelines](#).

## **The required hours of study**

The course duration is 18 months with face-to-face delivery. This is split over 3 Sessions, 5-6 months per session, with a 2 week mid-break for each session.

Attendance is 3 days per week, 8.30am - 4pm. Note there is an 80% attendance requirement. Students course progression will be impacted if this requirement is not met.

The course also includes a self-directed learning requirement of approximately 10 hours per week.

## **Progression to UOW Degree Course Offers**

Students who successfully complete the Diploma of Nursing are eligible to apply for the [UOW Bachelor of Nursing](#). If admission is approved, students will be awarded 48 credit points towards the Bachelor of Nursing (entry into the second year). Students must also achieve NMBA registration as an Enrolled Nurse and successfully complete a two-day Bachelor of Nursing Orientation Program prior to Bachelor commencement.

## **Package Offers**

Package offers are available, providing students with an opportunity to receive an offer for this course and the [Bachelor of Nursing](#) at UOW. If you receive a package offer, you will have a guaranteed pathway to the Bachelor of Nursing. Applicants will need to successfully complete the HLT54121 Diploma of Nursing and provide evidence of current NMBA registration with AHPRA will be granted admission into the second year of the course. If you receive a package offer, your Bachelor of Nursing course will be subject to the conditions outlined on your offer letter.

## **Quality Assurance**

The College applies formal quality assurance processes to its design of qualifications and assessments. These processes include:

- Validation of assessment tools and assessment judgements;
- Marking Guides with criteria for all assessment tasks;
- Moderation of marking of student assessment tasks, ensuring that the assessment criteria have been applied consistently and there is equity across individual markers;
- The use of feedback from students and teachers to inform continuous improvement of curriculum, delivery, policies and procedures.

## 9. English language proficiency

Before you can start studying to become an Enrolled nurse, the Australian Nursing and Midwifery Accreditation Council (ANMAC) requires you to demonstrate a high level of English proficiency. Check the **ANMAC additional English language proficiency requirements** for this course.

## 10. Version Control Table

Version Control	Date Effective	Approved By	Amendment
1	08/02/2024	RTO Manager	